

THE HOLY HOURS
VOLUME V

DAILY PRAYERS FOR
THE FAMILY

Sunday

O Holy and Heavenly Father, full of mercy and compassion; who is near all those who call unto You. We appear before the throne of Your grace this blessed day. And unto the heights of Your grace, we raise up our prayer and worship in praise and thanks. So, grant us blessing that our worship be accepted unto You and is associated with the fear of Your name. Blessed are You, O God, deserving all praise and glory, we thank You upon Your care and Your visitation to us with Your mercy at all times. For You are our Creator and You protect us, attend to us, foster us, watch over us, and care for us. We confess to You that we do not deserve to approach You due to the abundance of our trespasses; that You are merciful and compassionate, patient and exceeding with Your forgiveness. You do not treat us according to what we deserve or do You reward us according to our sins. O Lord, we entreat You to have mercy upon us and be compassionate with us, and forgive us all our sins and overlook our faults. Grant us grace to repent from all our sins and deliver our souls to You and serve You in honesty, and worship You in joy, spirit, and in truth. May our aim in life be to glorify Your name, obey You with all our hearts, please Your goodness, and walk in the light of Your face, that we may have a share and an inheritance with You in the glory of Your kingdom.

O Everlasting Light, shine in our hearts with the light of Your Holy Spirit and save us from the ignorance, the evil, the corruption, and the lack of faith. Strengthen us in hope and raise us in love, that we may conduct ourselves as children of the Light and children of the Day. May we reject all deeds of darkness that are without fruit and walk before You in truth, uprightness, faithfulness, and purity. May we rejoice in the sight of Your glory while we are strangers in this life. May we be fortunate to shine as the sun in the glory of Your heavenly kingdom.

O Lord, we bless You for You have given us this day to glorify Your name and to receive rest from the weariness of the week. O Lord, we beseech You in allowing us to spend this day to worship You in truth, and bless it in glorifying Your name. We shall rejoice and be glad to be in Your house, as one day in Your house is better than a thousand in any other place. May Your blessings be with us and grant that we may be nourished with Your words and rejoice in Your salvation.

We ask You, our Lord, to help all Your servants and all those who labor in ministering Your word. Bless all Your people and remove from their ways any obstacle that hinders them from going to Your house. Let all Your people be glad with the light of Your face. Be compassionate with those who are careless of our worship. Grant them to seek Your face and to call Your name as You are close to them. Remind us all with Your lasting comfort which You have prepared for us in the everlasting life, that we may have a share in the heavenly glories. In the grace, compassion, and love of our Lord Jesus Christ, to

whom, with You and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.

Monday

Our Lord, we bless You, praise You, confess and testify the greatness of Your grace. O Omnipotent One, our tongues sing of Your goodness. Our souls glorify You and our spirits are full of Your grace. We supplicate You to grant us this grace to guide us to a conduct according to the message which You have called us for; that we lead a life filled with faith in our Lord Jesus Christ who loved us and delivered Himself to death on our behalf. May the grace of faith shine in all our conducts. We confess that without You we are unable to do anything. Help us through all our deeds and be with us in all our ways. Guide us in the way of peace and keep us from all evil. Be with us in our exits and entrances that we may be without fear.

O Lord, come protect our eyes from looking upon evil and our lips from uttering bad words, that we may escape judgement. Purify our hearts from lusts, greed, wickedness, and all evil intentions. Cleanse our souls from every sin that we may glorify Your holy name. Make of our lives a known and readable epistle of God for all people. Our Lord, have compassion upon us always, attend us with Your care, keep us in Your name, and sanctify us in Your truth. Help us with Your Holy Spirit and rescue us from all temptations. Conduct our lives according to Your good will. Bestow upon us a grace to complete all our duties faithfully. Grant each of us the needs of spiritual and physical blessings. Allow us to walk before You in faith and righteousness, to do what is acceptable in Your sight. Teach us to follow Your ways in obedience. Fill us with the spirit of attentiveness and perseverance in our works that we may labor with all our hearts seeking Your delight. Let Your peace, which is beyond all understanding, keep our hearts and minds in Jesus Christ our Lord. To whom with You and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.

Tuesday

O Lord who is loving and full of goodness and compassion, who is exceedingly perfect, we supplicate You to make us worthy at all times to raise to You an offering of thanks to Your great name for Your great blessings. Pour upon us from the riches of Your virtues and abundance, and let us grow in Your love. Do not let the evils of the world ruin our spirits and divert us from Your worship. We confess to You that many times we have been taken by the worries of this world and preferred to fulfill our desires to pleasing You. Forgive us our sins and retain us to You. Uproot from our souls the desires of earthly things so that our spirits may be embraced by You. Attract our feelings to You and reveal to us Your glory. May our souls be revived with Your presence. Impress in us every living feeling that strengthens our unity with You. Teach us to understand the depths of Your love that You have loved us with, so that we may love You with all our hearts. Hence, our love shall be multiplied and we will be filled with the knowledge and understanding as to distinguish the opposing matters, favoring Your delight over to dearest of our pleasures. Give us to rejoice in doing Your pleasure and will.

Our God who has kept us to this morning, keep us also in this night as well, and yield to us Your protection throughout the days. Offer us Your blessings of which we are unworthy due to the multitude of our trespasses. Be with us always and be near us. Allow us to follow You all the days of our life and to keep Your commandments.

O Father of all mercies and the God of goodness, who shines His sun upon the righteous and the sinner, and rains on the virtuous and the offenders, teach us to embrace Your virtues, and to treat our neighbors with all the love as You treat us. Help us to forgive all those who trespass against us, and to love those who oppose us, as You have loved us and forgiven us in Jesus Christ our Lord. To whom with You and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.

Wednesday

Our Holy Father, who is blessed and glorified, we praise You, bless You, and from our hearts we raise thanks to Your highness at all times. We confess to You that from the depths of our souls, we are unworthy to stand before You. But You have graced us with Your beloved Son, so that through Him we may have a stand before the throne of Your glory. For He has become a sacrifice for our sins and His Blood cleanses us from every sin.

Our God, we supplicate You to treat us with Your goodness and to have compassion upon us and forgive us our sins. Forgive the evil thoughts of our hearts and forget our disobedience. O Lord, You are not pleased with a sacrifice, nor accepting of a burnt offering, but You love mercy, truth, and righteousness. So grant us blessing to do Your pleasure. Guide our hearts to a new life that we may offer You our bodies as an offering of an acceptable life. Teach us to examine our souls in the light of Your Word, and set our conducts in accordance with Your wisdom and commandments. Dismiss from our spirits every sin, every neglect, and every carelessness. Give us an awakened conscience, guided by Your Holy Spirit, so that we may walk in humbleness and truth. Grant us hearts that feel Your love; hearts that rejoice and are pleased in fulfilling Your will. May our comfort and joy be in You. Pour Your Holy Spirit on our souls to teach us how to follow His guidance. Let Him shine the truth, the guidance, and the knowledge of Your will. Let the Holy Spirit be strength to our spiritual life, a comfort and joy in times of trouble, and a benefactor of holiness in Your sight. Do not let us agitate Your Spirit, nor oppose His work within us. Let Your Holy Spirit abide in us and nurture us in grace to know You. Let Him generate His fruits within us so that He may testify on our behalf that we are Your children. We command our spirits into Your hands to give us the assurance that Your peace will fill our hearts and keep us from every evil. Hear us, bless us, and let Your face shine upon us. To You is due the power and the glory and blessing and honor forever. Amen.

Thursday

Our Holy and Good Lord, we bless You for the goodness of Your deeds, for You have supported us, and watched over us. We also thank You for Your grace, and the gifts of Your spiritual blessings that You have granted us. Allow us to chant of Your goodness at all times, and let us not forget the multitude of Your grace. We supplicate You to keep us from the evil of sins. Do not let any of us turn back to the sinful life that breeds sadness and death. We ask You to purify our intentions and feelings. Grant us the will to reject sin forever. Let the aim of our lives be to live for You, devoting ourselves to Your glory. May we rejoice in Your worship and be glad in Your satisfaction. Protect us and keep us in Your name, and be a shield for us from every bad intention. Complete Your promise to us that You would never neglect us or leave us. May we spend the days of our lives in

love and fear. Revive our souls that we may not cleave to dust. Make us always see the corruption of the world for which there is no joy. Let us choose You as our fate, more worthy than all the riches of the world. Teach us to prefer Your love over the love of life, and Your commandments over the pleasures of this world. Distance our souls from the lusts of the world that we become attached to Your love, seeking the joy and glory of Your kingdom. Lord, fill us with the hope of Your precious promises that we may always seek of all what is from above; where Christ our Savior is sitting at Your right hand. May we have a heavenly reputation and our lives be concealed in our Savior, so when Christ reappears we may also appear with Him in glory. Shine Your light upon us and correct all our deviations within us. Amend our weaknesses and rectify, O Lord, our conducts, and pour Your blessings upon us. Make us grow in grace and knowledge of our Lord, Jesus Christ. To You with Him and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.

Friday

O Lord, our God, praise and glorify by the Cherubim and Seraphim and all hosts of Angels in the whole creation. Our God, now accept the thanks and praises of our hearts. Let us worship You in joy without intermission all the days of our lives. Look upon us, Your creation, and attend us with Your mercy. Listen to the voice of our supplications. Overlook our weaknesses, for we confess our defects before You. We are not worthy of raising our eyes toward the heights of Your glory. You are merciful and compassionate, loving and kind, therefore You forgave us in Jesus Christ who redeemed us and became our salvation.

Our God, who called us to holiness, as You are holy. Yet, how can we be holy unless You give it to us. Your grace purifies us and Your Spirit sanctifies us and fills us with all goodness. Fulfill in us the joy of Your will, and exceed in us every virtue and good deed. Create in us a pure heart, O God, and renew a steadfast spirit within us. Do not take Your Holy Spirit from us. Let us put off the old corrupt man with all its lusts and dress in the new man according to the righteousness and the true holiness. Save us from all the evil thoughts, lustful intentions, and dishonorable conducts which contradicts Your goodness. We ask You, our God, to fill us with the spirit of praise and thanks. Remember us always with Your mercies that we may apprehend Your abundant graces. Let us praise You upon the deeds of Your goodness. Let us bless You upon the graces that You have bestowed upon us in all our lives, our homes, our jobs, and with our neighbors. We thank You for Your exceeding patience with us, and for sustaining us regardless of our numerous sins. Gladden our hearts in Your promises that we may rejoice in the forgiveness of our sins asking always for the glory of Your everlasting kingdom. Grant us the good virtues and the spiritual blessings in Jesus Christ our Lord. To You with Him and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.

Saturday

O Lord, who has power over everything, virtuous in all His deeds, You are Holy in all Your ways. Truth and justice are the foundation of Your throne. Mercy and honesty proceed before Your face. We praise You and bless You for all Your great works. We thank You upon all the blessings that You have bestowed upon us through all our lives. You overwhelmed us with Your countless graces, and You still attend us with Your

goodness. Fill us with a spirit of thanks and gratitude, so that our mouths are filled with praise and our tongues sing to Your glorified name. We profess of Your righteousness and confess of Your graces, so teach us to yield all our concerns to Your will. May our joy be in pleasing You. Make us glad in fulfilling Your commandments. Rescue us from the wars and perplexities of this world. Mortify from our souls all passions and earthly desires. Teach us to accept and to be content with all that You have granted us from Your grace.

Our God, You have prepared for us a better and preferable share in heaven. Let us not look at the things that are seen, but to those that are not seen. Give us always to ask of what is from above, not of what is from the earth. Fill us with the spiritual life that pleases Your goodness, that we may live for You and in You all our lives. Gratify our spirits with the deeds of Your delight. Keep us watchful of all our concerns. Do not let the worries of this world weaken our trust and reliance upon You. May we please Your glory that we may be worthy to have a share in the fortune with You in eternity. Through the compassion, love, and merits of Your only begotten Son, our Savior Jesus Christ. To whom, with You and the Holy Spirit is due the power and the glory and blessing and honor forever. Amen.